

**2026-2027
INFORMATION PACK**



SEASON 1

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At Unity Allstars Sussex, we are proud to be part of one of the UK's leading and most respected cheerleading programmes, Unity Allstars. As a brand-new programme, we are passionate about creating a strong, supportive environment focused on **novice, prep, and lower-level Allstar cheerleading**, providing athletes with the perfect foundation to grow in confidence, skills, and teamwork. This marks our very first season, and we are excited to begin building a community where athletes, families, and coaches come together to learn, progress, and celebrate success both on and off the mat.



WWW.UNITYALLSTARSSUSSEX.COM

CLASSES



TUMBLE

We offer weekly tumble classes open to both competitive and non-competitive athletes, helping each individual develop their skills for personal progression or to support their competitive team.

STUNT

Our weekly stunt classes are also available to all athletes, focusing on building technique, confidence, and overall performance, whether for individual growth or team success.



FLEXIBILITY

We run weekly flexibility classes designed to enhance range of motion, supporting tumble development and improving flying technique in stunts.

PRIVATE

In addition, all coaches offer private 1:1 sessions. These 30-minute classes provide focused, personalised training to accelerate progress, build confidence, and work through mental blocks.



SEASON 1 SCHEDULE

Please note this is a **provisional schedule** and is subject to change based on the outcome of evaluations.

DAY & TIME	MONDAY	TUESDAY
4:30PM-5:30PM	Level 1 Tumble Class	Team Training
5:30PM-6:30PM	Flexibility Class	Stunt Class
6:30PM-7:30PM	Level 2 Tumble Class	Team Training
7:30PM-8:30PM	Open Gym	Team Training

COMPETITION SCHEDULE

Please note this is a **provisional schedule** and is subject to change based on the outcome of evaluations.

COMPETITION	LOCATION & DATES
ICC SOUTHERN CHAMPIONSHIPS PART 2	Guildford Spectrum Centre 6th - 7th February 2027
FC FLIGHT TO VICTORY	Farnborough International Centre 20th March 2027
ICE BLAST	K2 Crawley 9th - 10th May 2027
BCA SUMMER SHOWDOWN	K2 Crawley 5th - 6th June 2027
ICC SOUTHERN JAM	Guildford Spectrum Centre 13th - 14th June 2027

COSTS

NON-COMPETING

CLASSES	COSTS
1 x Class Per Week (Choose from Tumble, Stunt or Flexibility)	£30 Per Month
2 x Classes Per Week (Choose from Tumble, Stunt and Flexibility)	£45 Per Month
3 x Classes Per Week (Tumble, Stunt and Flexibility)	£60 Per Month

COMPETING

Please note these are **provisional costs** and are subject to change based on the training schedule.

TRAINING	COSTS
Team Training Only (Once Per Week)	£35 Per Month
Team Training + 1 Class (Choose from Tumble, Stunt or Flexibility)	£50 Per Month
Team Training + 2 Classes (Choose from Tumble, Stunt and Flexibility)	£65 Per Month
Team Training + 3 Classes (Tumble, Stunt, and Flexibility)	£80 Per Month

COSTS

COMPETING

ITEM	COSTS
Annual Competitive Membership (Covers the costs of routine music, competition t-shirts etc)	£20 Per athlete
Competition Fees (Covers entry to all competitions)	£192 Per athlete
Crossover fees (for athletes competing on a 2 nd team)	£153 Per athlete
Uniform	£100 Per athlete
Training Kit	T-Shirt £17.99 Shorts £25.99

These costs are for the whole season and will be due at the beginning of the season. These costs only apply to competing athletes.

Please Note: These costs are subject to change after the outcome of evaluations.

EVALUATIONS

Evaluations are an opportunity for us to assess the current skill set of each athlete. This allows us to place athletes in teams suited to both their age & ability. Everyone looking to join a competitive cheerleading team **must attend both evaluation days.**

SCHEDULE

£15 per athlete

DATE & TIME	MONDAY 13 TH JULY	TUESDAY 14 TH JULY
4:30PM	Tumble & Jumps Birth years 2022-2016	Stunts & Dance Birth years 2022-2016
5:30PM	Tumble & Jumps Birth years 2015-2012	Stunts & Dance Birth years 2015-2012
6:30PM	Tumble & Jumps Birth years 2011 & earlier	Stunts & Dance Birth years 2011 & Earlier

HOW TO BOOK

- 1 Visit <https://book.stripe.com/3cleVfgBV2ml7nZebM c7u0c> or scan the QR code to book your place



- 2 Visit <https://forms.office.com/e/x8YHvSE5kG> or scan the QR code to provide us with all the information we require.



Please Note: Your evaluation booking isn't secured until you have completed both steps